



GULF BREEZE UNITED METHODIST CHURCH

# *The Wave*



75 Fairpoint Drive | Gulf Breeze, FL 32561 | 850-932-3594 | [gbumc.org](http://gbumc.org)  
Worship at the Water | 655 Pensacola Beach Blvd, 3rd Floor



# Living Generously from a Heart Full of God's Grace



Greetings in the name of our Lord and Savior, Jesus Christ!

This year Gulf Breeze United Methodist Church celebrated its 70th anniversary. It's been an exciting year to watch how God is on the move through the mission and ministry of GBUMC. It's even more exciting to imagine what God has in store for us in 2026!

During the month of October, our congregation will be focusing on stewardship. This year's stewardship focus is called - **Overflow: Living Generously from a Heart Full of God's Grace**. When God's blessings overflow from our lives, they create ripples that reach farther than we can see. This four-week series invites us to discover how God's abundance moves through us - blessing others, refreshing weary hearts, and multiplying into "every good work" that transforms lives and communities for Jesus Christ.

We invite you to participate in the stewardship focus on the Sunday mornings of October 5, 12, 19, and 26. Together, we will focus on Paul's words to the church at Corinth - "And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will overflow in every good work." (2 Corinthians 9:8) Each Sunday's worship will highlight how God generosity is overflowing in our lives and how we are called to respond to it

From weekly challenges and stories, we will consider what it means for us to be part of this amazing ministry that is transforming lives for Jesus Christ.

**Sunday, October 26, will be "Promise Sunday."** We ask that you prayerfully consider filling out a 2025-26 Promise Card in a manner appropriate for you or your family. We invite you to bring your Promise Card with you to worship on Promise Sunday as we ask God to bless the work of ministry that is to be continued through GBUMC. If you can't be present on Promise Sunday, you are more than welcome to turn it in to the church office or fill out the digital Promise Card by Sunday, November 16.

On Promise Sunday we will ask God to bless our commitments for the year ahead. In addition, we will have extra special delectables in the Reception hall for you to enjoy following worship. You don't want to miss it!

Our prayer is that, through our stewardship focus, you will be encouraged and empowered to help us continue the great work of making disciples of Jesus Christ for the transformation of the world!

Serving and working together in Christ,

A handwritten signature in black ink, reading "E. Mays".

Rev. Dr. Erik Mays

Senior Pastor

A handwritten signature in black ink, reading "Mike Mazenko".

Mike Mazenko  
Chair, Finance Committee



# SERMON

## Series

### Overflow

Living Generously from a Heart  
Full of God's Grace

OCT 5



#### FILLED TO THE BRIM

God doesn't just give enough – He gives abundantly. When we live in God's abundance, our hearts shift from scarcity to generosity.

OCT 12



#### SPILLING OVER

Generosity isn't about losing something – it's about multiplying blessings. When God pours into us, we're called to pour into others.

OCT 19



#### STREAMS IN THE DESERT

Our generosity can refresh weary hearts and bring hope to dry places. Stewardship is more than money – it's about being a channel of God's living water.

OCT 26



#### THE RIPPLE EFFECT

Even small gifts can have an extraordinary impact in God's hands. The overflow of one person's generosity can change the lives of many.

## O Holy Light



On December 21st  
the Sanctuary Choir  
and Orchestra will  
present  
"O Holy Light."

"From the shimmering opening chords to the final climactic finish, *O Holy Light* carries singers and listeners through a journey of the celebration of The Light of the world. Filled with beloved carols and exciting songs this cantata captures the many moods of Christmas with a fresh voice. The narration explores God's Light contrasted with the world's darkness, and how the Holy Light of Jesus will never be quenched."

Join the choir for this inspiring musical performance. All rehearsals end at 7:15 pm. Start times listed below.

Oct 1 & 8 - 7:00 pm  
Oct 15, 22 & 29 and Nov 5 - 6:45 pm  
Nov 12, 19 & 26 and Dec 3 - 6:30 pm  
Dec 10 & 17 - 6:00 pm



# Reaching Out **NEAR & FAR**



## Blessing of the Pets

**SUNDAY. OCTOBER 5. 4PM**

**SHORELINE PARK WELCOME CENTER**

All creatures great and small will receive a blessing and St. Francis charm for their collar, cage, or bowl.

## Operation Christmas Child

**OPERATION CHRISTMAS CHILD IS BACK!**

**How to participate?**

- **OCTOBER 12, 19, 26:** *Get a Shoebox:* Grab an empty shoebox or an Operation Christmas Child box can be provided.
- *Pack it with Gifts:* Fill it with school supplies, hygiene items, and fun toys.
- *Make a Donation:* A \$10 donation per box helps cover shipping and project costs.
- **NOVEMBER 2:** *Drop off your Shoebox.*



## Trunk or Treat

**SUNDAY. OCTOBER 26. 3-5PM**

**CHURCH FRONT PARKING LOT**

Invite your friends and neighbors to this year's fall festival with lots of trunks, bounce house, obstacle course and mountains of fun. PLEASE drop candy or small prizes in collection boxes OR email Virginia at [vclark@gbumc.org](mailto:vclark@gbumc.org) to SIGN UP TO HOST A TRUNK OR GAME.

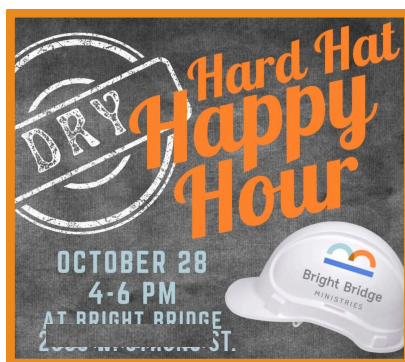


# HAPPENING AROUND TOWN



(Visit the GBUMC Booth)

A celebration for everyone with a wide array of kid-friendly activities and delectable treats and culinary delights from food vendors.



Bright Bridge is dedicated to providing support and resources to those experiencing homelessness, addiction, hunger & more by offering food, recovery services, housing and spiritual guidance.



(Visit the GBUMC Booth)

Games, raffle, food, live music and bounce houses. \$5 Admission. GBUMC will be hosting a cake walk. Willing to make a cake, cookies or cupcakes? Email Sarah @ [sbennett@gbumc.org](mailto:sbennett@gbumc.org).

## SAVE THE DATE



Behind the Scenes with Composers of The Chosen

Sun. Nov. 2  
5-7 pm

Join Dan Haseltine and Matt Nelson, the music composers for series "The Chosen". Tickets \$35 at [centerforsacredspace.org](http://centerforsacredspace.org)



United Women of Faith Christmas Brunch

Sat. Dec. 6  
11 am-1 pm

Mark your calendar now for the United Women in Faith's festive Christmas Brunch.



Breakfast with Santa

Sat. Dec. 13  
8:30 & 10 am

SANTA's coming for breakfast. He can't wait to see all the kids and take a picture with each one.

# WHAT'S Cooking?

## Wednesday Night Supper

Wednesday | 5-6pm

### OCTOBER 1

Chicken Fried Chicken Breast  
& Cream Gravy  
Mashed Potatoes  
Glazed Green Beans  
Salad Bar & Dessert

### OCTOBER 8

Red Beans & Sausage  
White Rice  
Cajun Green Beans  
Salad Bar & Dessert

### OCTOBER 15

Turkey Shepherd's Pie  
Broccoli Salad  
Salad Bar & Dessert

### OCTOBER 22

Beef Tacos  
Black Beans & Rice  
Salad Bar & Dessert

### OCTOBER 29

Beef Meatballs & Brown Gravy  
Mac & Cheese  
Parmesan Broccoli  
Salad Bar & Dessert

*Therefore I command you, 'You shall  
open wide your hand to your  
brother, to the needy and to the  
poor, in your land' Deuteronomy 15:11*

Since it's inception in 2000, Gulf Breeze United Methodist Church has aided Interfaith Ministries in its assistance of the under-resourced, under-served citizens of our community with food, housing, utilities, clothing and other emergent needs.

Each month your generous gifts to the food pantry impacts the lives of our neighbors.

**To date we have contributed 1,859 pounds of food to the food pantry. (Just 141 pounds short of a ton!)**

Drop off food pantry items into the shopping cart in the Gathering Area.

### OCTOBER FOOD PANTRY NEEDS

|                 |                          |
|-----------------|--------------------------|
| Pasta Sauce     | Canned chicken & tuna    |
| Ziti pasta      | Oatmeal or Grits Packets |
| Egg noodles     | Cake mix/Brownie mix     |
| Rice, 1-2# bags | Muffin/Cornbread mix     |
| Soup            | Dry Milk Packets         |
| Canned fruit    |                          |

### SOUP SALES 1<sup>ST</sup> SUNDAY ONLY 9 AM-12:15 PM RECEPTION HALL

Tomato Basil  
Lemon Herb Chicken & Rice  
Vegetable Beef  
Corn & Sausage Chowder  
(while supplies last)  
\$10 donation





## CHILDREN'S MINISTRY

### Sing and Ring

MON | 2:30-4:30PM  
MUSIC SUITE

1st -5th graders sing and learn to play handbells, chimes, and percussion.

## STUDENT MINISTRY

### The CrossWalk

WED | 1:30-5:00PM  
YOUTH BLDG

6th -8th graders meet for snacks, games and a time to grow in their relationship with Christ and one another.

## SENIOR ADULTS

### Sharing & Caring Luncheon

MON | OCT 13 | 11AM  
FELLOWSHIP HALL

Come enjoy a scrumptious meal prepared by Chef Ian alongside great company.

### Lunch Bunch

1st & 3<sup>rd</sup> WED | 11AM  
GATHERING AREA

Travel with the bunch to local area eateries.

## ADULT MINISTRY

### Messiah Class

SUN | 9:30AM | ROOM 2

Weekly study and discussion of scriptures and their application to our lives .

### Verse by Verse Look at the Bible

TUES | 9AM | ROOM 2

Delve into the book of Isaiah with Rev. Pam Avery.

### Men's Bible Class

WED | 9AM | ROOM 1

Join this weekly study taught by Dr. Erik Mays.

### Growing Wiser Bible Study

WED | 10AM | ROOM 2

Senior adult study led by Rev. Dawn Bond.

### Jesus and the Outcasts

WED | 4 & 6PM  
LECTURE HALL

Pastor Pam will guide us through Jesus' encounters with those that the general population ignored.

### Disciple Fast Track

THURS | 9AM  
LECTURE HALL

A 12-week comprehensive look at the Old Testament. Led by Ralph Peterson and Rev. Josh McLamb.

## JOY CLASS

SUN | 11AM | ROOM 1

A special ministry that serves our special-needs adults offering a place to grow in the love and knowledge of God.

## CARING MINISTRY

### Grief Share

WED | 6PM | ROOM 1

GriefShare is a grief recovery support group where you can connect with others who are living through the hurt of losing a loved one.

### Card Ministry

Volunteers send cards to those who need comfort or sympathy.

### Flower Delivery

MON | 10AM

Volunteers deliver flowers to the those recovering from illness or injury or needing a pick-me-up.

### Memorial Receptions

Teams of volunteers host a light reception following a memorial service.

### Prayer Shawls

WED | 10-11:00AM

Shawls are knitted with prayers in every stitch so the recipient is blanketed in prayer.

## CHOIR & WORSHIP

### **Sing and Ring**

MON | 2:30-4:30PM  
MUSIC SUITE

Choir for 1st-5<sup>th</sup> grade

### **The Breeze Bells Rehearsal**

MON | 5:30PM  
MUSIC SUITE

Handbell choir.

### **The Silvertones Rehearsal**

TUES | 10:30AM  
MUSIC SUITE

Senior Adult Choir

### **Dulcimer Instrument Class**

WED | 3:00PM  
MUSIC SUITE

Group for all skill levels.

### **Choir Rehearsal**

WED 6:00PM  
MUSIC SUITE

Adult Choir

## COMMUNITY GROUPS

### **Centering Prayer**

WEDNESDAYS  
1:30-4:30

Method of contemplative prayer that involves sitting in silence and using a sacred word to help focus on God.

## COMMUNITY GROUPS

### **Qigong**

MONDAYS | 9:30AM  
RECEPTION HALL

Gentle mindful movement, centered on breathing.

### **Faithfully Fit**

MONDAYS | 10:00AM  
RECEPTION HALL

Class focused on core strengthening, stretching, and muscle retention.

### **Al-Anon**

TUESDAYS | 10:00AM  
ROOM 5

Group for those impacted by another person's alcoholism.

### **Overeaters Anonymous**

TUESDAYS | 12:00PM  
ROOM 3

Support for those recovering from compulsive eating and food behaviors.

### **Weight Watchers**

TUESDAYS | 12:30  
ROOM 1

The #1 doctor-recommended weight-loss program promoting healthy eating.

## OUTREACH

### **Methodist Meals**

MON-FRI

Drivers carry hot noon-time meals to the elderly and home-bound.

### **Bright Bridge Ministry**

2ND TUES | 8:30-NOON

Volunteers prepare and serve food to the homeless.

### **Interfaith Ministries**

Offers food, clothing and financial support for those in need in our community.

### **Good Samaritan Clinic**

Provides limited health care to Santa Rosa County residents without health insurance.

### **Family Promise**

Connects struggling families with local and government programs that can provide assistance, guidance and support with the goal of combating homelessness.

### **Embrace Florida Kids**

A faith-based agency focused on providing homes, healing and hope to vulnerable children who come from families in crisis, placed in foster care at no fault of their own.

# VOLUNTEER

## Spotlight

### Al Garza

#### BUILDINGS & GROUNDS

Two years ago Al Garza stepped up to share his time and talents, serving behind the scenes with Building and Ground Maintenance.

Al has served as project manager to bring new, safer fencing to the Children's Place Playground and a complete renovation to the Lecture Hall. He was instrumental in moving the data base server from the mechanical room to its new location in the Lecture Hall.

Yet, he jumps into the small jobs with the same dedication; coordinating workers or doing it himself. He procured a lift for the Sanctuary so that much needed sound and lighting updates could be completed.



When there was need for a new stable for our outdoor nativity, Al built it. When the irrigation system at the Children's Building needed repair, Al fixed it. When old lighting fixtures needed upgrading, Al replaced them. He's changed out toilets, repaired faucets and water lines, replaced a garbage disposal, and spent countless hours painting the hallways, classrooms, and pastor's offices.

You can usually find Al somewhere covered in paint, on top of a ladder or outside with a saw or mower. When you see him, take a minute to stop and thank Al; our volunteer of the month.



# Annual Charge Conference

The charge conference is the basic governing body of each United Methodist local church and is composed of all members of the church council. All members of the charge conference must be members of the local church and the charge conference must meet at least once per year. The charge conference directs the work of the church and gives general oversight to the church council, reviews and evaluates the mission and ministry of the church, sets salaries for the pastor and staff, elects the members of the church council, and recommends candidates for ordained ministry.

**Our annual charge conference will be Monday, October 27 at 6pm in the Sanctuary. All church leaders are encouraged to attend. Reception in the Reception Hall to follow.**



SENIOR PASTOR  
Rev. Dr. Erik Mays



SENIOR ASSOCIATE  
PASTOR  
Rev. Pam Avery



ASSOCIATE PASTOR  
Rev. Josh McLamb

## OUR TEAM

|                  |                                                                |
|------------------|----------------------------------------------------------------|
| SARAH BENNETT    | Book Place and Communications                                  |
| MADELYN BOTT     | Children's Ministry Assistant                                  |
| JONATHAN CLARK   | Contemporary Music Director                                    |
| VIRGINIA CLARK   | Director of Student Ministries<br>and Communications Assistant |
| LISA CONWAY      | Finance Assistant                                              |
| CLARENCE FRONTZ  | Maintenance Manager                                            |
| BETTE HARRIMAN   | Hospitality Director                                           |
| TAMMY MACDONALD  | Administrative Assistant                                       |
| RHONDA MERRILL   | Church Administrator                                           |
| KAREN MIZE       | Community Health Coordinator                                   |
| JIM MURDY        | Maintenance Assistant                                          |
| JAHLEEEL ORDONEZ | Youth Ministry Assistant                                       |
| DON SNOWDEN      | Traditional Music Director                                     |
| IAN WHITCOMB     | Chef and Kitchen Manager                                       |

TO EMAIL A STAFF MEMBER ENTER FIRST INITIAL  
AND LAST NAME @gbumc.org



REV. JOSH MCLAMB

JONATHAN CLARK

Sundays at 8:30 AM

PENSACOLA BEACH YACHT CLUB 655 PENSACOLA BEACH BLVD, 3RD FLOOR

## HOW TO...

*Give*

Click [here](#) to give online.

Give in person or by mail:

75 Fairpoint Dr. Gulf Breeze, FL 32561.

*Become A Member* Click [here](#) to become a member.

*Volunteer*

Service in the church and community helps us grow closer to Christ and to one another.

[GBUMC.org/volunteer](http://GBUMC.org/volunteer)

*Connect With Us*



Visit [GBUMC.org](http://GBUMC.org) for more information and to give.



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