



GULF BREEZE UNITED METHODIST CHURCH

The Wave



75 Fairpoint Drive | Gulf Breeze, FL 32561 | 850-932-3594 | gbumc.org
Worship at the Water | 655 Pensacola Beach Blvd, 3rd Floor

Finding God in Every Season



November is one of my favorite months in the life of the church. It's a month that holds both gratitude and grace – a season of reflection and renewal. As we wrap up our Overflow stewardship series and move toward Thanksgiving, I want to pause to say thank you.

Thank you for the way you've responded in faith, with open hands and generous hearts. During October, we celebrated stories of God's abundance and remembered the ripple effects of generosity across seventy years of ministry. On Promise Sunday, many of you made your commitments to support the work of Gulf Breeze United Methodist Church in 2026. Your giving, your prayers, and your service make ministry possible – from children's laughter echoing through our halls to meals shared with those in need, to the countless unseen acts of kindness that remind our community that God's love is real and alive.

As we turn the page into November, we begin with All Saints Sunday – a time to remember those who have gone before us in faith. These saints – parents, grandparents, teachers, mentors, friends – poured into us the love of Christ, and their legacy continues to shape who we are as a church. We stand on their shoulders as we live out our mission to make disciples and serve the world.

This month also brings a new sermon series: Songs for the Soul: Finding God in Every Season. The Psalms remind us that God meets us in every part of the journey – in the mountaintops of joy ("God in the Heights" – Psalm 103), the valleys of struggle ("God in the Depths" – Psalm 42), and the steady paths of daily trust ("God in the Journey" – Psalm 23).

I hope and pray that this series will give voice to your own prayers and remind you that no matter the season you find yourself in, God is near.

So as we enter this month of gratitude and remembrance, may our hearts be tuned to the same rhythm as the Psalms – honest, hopeful, and full of praise. Let's keep living out the overflow of God's grace, together.

With gratitude,
Dr. Erik

A handwritten signature in black ink, appearing to read "Erik Mays". The signature is stylized and fluid.

Rev. Dr. Erik Mays
Senior Pastor

SERMON *Series*

All Saints Sunday

NOVEMBER 2

Eyes Wide Open

Ephesians 1:11-23

Let us remember those who
have gone before us in faith.

Delores Pat Howe December 28, 2024

Christine Broxson January 1, 2025

Gail Godwin January 1, 2025

Patricia Tunison January 23, 2025

Robert Parsons February 3, 2025

Verne Kennedy February 28, 2025

Charles Meister March 2, 2025

Joseph Hulsey March 6, 2025

Jonnie Pewitt March 8, 2025

Dianne Kildow March 21, 2025

Judith Rowland March 22, 2025

Betty Whisnant April 9, 2025

Larry Stonebraker April 28, 2025

Mary Anne Boe May 8, 2025

Lela Masters July 17, 2025

Nancy Kienitz July 22, 2025

Clara Gray August 2, 2025

Margaret Warren August 18, 2025

Sara Munday October 23, 2025

Gene Presley October 29, 2025



The Psalms are the prayer book and hymn book of God's people. They give words to our praise, our pain, our trust, and our hope. This three-week series explores how the Psalms meet us in different seasons of life—pointing us back to the God who hears, rescues, and restores.

NOVEMBER 9

God in the Heights

Psalm 103

Praise in seasons of joy.

NOVEMBER 16

God in the Depths

Psalm 42

Hope in seasons of struggle.

NOVEMBER 23

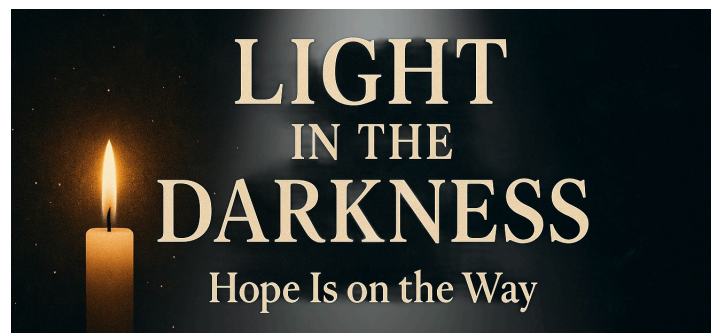
God in the Journey

Psalm 23

Trust in every season.

NOVEMBER 30 BEGINS ADVENT SERIES

Light in the Darkness.



Bringing Christmas Cheer TO THOSE FAR AND NEAR

Operation Christmas Child and Advent Angels

Over the past several weeks, nearly 200 Operation Christmas Child shoeboxes have been picked up to be filled with goodies for children around the world.

Please return your shoebox by November 9th to ensure the gifts reach the children by Christmas.

Beginning Nov 9th you can make Christmas a little brighter for local under-resourced children, teens and senior adults. Working with Caring and Sharing, a South Santa Rosa County non-profit, we are reaching out as a light in the darkness this Christmas for those in need in our community.

Advent Angels will be available to adopt November 9, 16 and 23rd.

Please return your gifts Nov 30, Dec 7 & 14th.



Sun. Nov. 2
5-7 pm

Behind the Scenes
with Composers of
The Chosen

Join Dan Haseltine and
Matt Nelson, the music
composers for series
"The Chosen".
Tickets \$35 at
centerforsacredspace.org



Sun. Nov. 9
2-5 pm

GBES Fall Festival

Games, raffle, food, live
music and bounce
houses. \$5 Admission.
GBUMC will be hosting a
cake walk. We're
collecting donations of
STORE BOUGHT baked
goods.

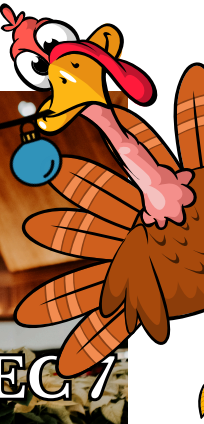


Wed. Nov. 12
6-7 pm

Surviving the Holidays

For people who've lost a
loved one, the
Thanksgiving and
Christmas season can be
bleak. This one-night
seminar will provide tools
and encouragement for
surviving the upcoming
holiday season.

Coming at Christmas



DEC 6

**GB Christmas Parade
10:00am-1:00pm**

Celebrating Christmas with our community...see you there!



DEC 6

**United Women of Faith
Christmas Brunch
11:00am-1:00pm**

Tickets available soon for the United Women in Faith's festive Christmas Brunch.



DEC 7

**Service of
Hope & Light
2:00pm**

This candle-lighting service offers hope and healing to all who have lost a loved one.



DEC 7

**ECHO Concert
6:00pm**

Emerald Coast Honors Orchestra & special music by White Tie. Bring a toy for admission.



DEC 13

**Breakfast with Santa
8:00 & 10:30am**

SANTA's coming for breakfast. He can't wait to see all the kids and take a picture with each one.



DEC 21

**"O Holy Light"
8:00 & 11:00am**

Classical Christmas Cantata with choir & orchestra.



**CHRISTMAS
EVE**

**3:00pm Children's Service
4:30 & 6:00pm Traditional Candlelight
11:00 pm Candlelight Communion**

WHAT'S Cooking?

Wednesday Night Supper

Wednesday | 5-6pm

NOVEMBER 5

Bacon-Wrapped Pork Loin
Brown Sugar Sweet Potatoes
Caramelized Brussels Sprouts
Salad Bar & Dessert

NOVEMBER 12

King Ranch Chicken Casserole
Roasted Southwest Vegetable Medley
Salad Bar & Dessert

NOVEMBER 19

Baked Spaghetti
Parmesan Roasted Vegetables
Balsamic Garlic Bread
Salad Bar & Dessert

NOVEMBER 26

Happy Thanksgiving!
See you next Wednesday,
December 3rd.

SOUP SALES 1ST SUNDAY ONLY 9 AM-12:15 PM RECEPTION HALL

White Chicken Chili
Pasta Fagioli Soup
Chicken Noodle Soup
(while supplies last)
\$10 donation



Interfaith Food Pantry

Submitted by Shelby Smith

"In the early Church, according to Paul's letters, they did whatever it took to take care of each other's needs, particularly the poor. I pray that we will all be guided by God's overflowing generosity to provide for those who need a helping hand today and in the days ahead."

Last month, requests for help from the food pantry doubled from all previous months this year and we anticipate an uptick in requests due to the extended government shutdown.

In addition to these unexpected needs, we are preparing for the holidays in November and December especially turkeys and hams.

NOVEMBER FOOD PANTRY NEEDS

Canned chicken, tuna	Stuffing mix
Canned fruit	Turkey gravy
Canned vegetables	(jars or packets)
Canned soups	Instant potatoes,
Rice	(boxed or packets)
Cornbread Mix	Boxed meals
Pancake Mix	(i.e., Hamburger Helper)
Syrup	Cans of Chef Boyardee
Cake Mix	Oatmeal or Grits Packets
Brownie Mix	

Meats

(hot dogs, ground meat, chicken, pork, turkeys, hams)

Drop Off meats at
Interfaith Thrift Store,
4339 Gulf Breeze Pkwy.
10am-5pm

CHILDREN'S MINISTRY

Sing and Ring

MON | 2:30-4:30PM
MUSIC SUITE

1st -5th graders sing and learn to play handbells, chimes, and percussion.

STUDENT MINISTRY

The CrossWalk

WED | 1:30-5:00PM
YOUTH BLDG

6th -8th graders meet for snacks, games and a time to grow in their relationship with Christ and one another.

SENIOR ADULTS

Sharing & Caring Luncheon

MON | OCT 13 | 11AM
FELLOWSHIP HALL

Come enjoy a scrumptious meal prepared by Chef Ian alongside great company.

Lunch Bunch

1st & 3rd WED | 11AM
GATHERING AREA

Travel with the bunch to local area eateries.

ADULT MINISTRY

Messiah Class

SUN | 9:30AM
LECTURE HALL

Weekly study and discussion of scriptures. Led by class member

Verse by Verse Look at the Bible

TUES | 9AM | ROOM 2

Delve into the book of Isaiah with Rev. Pam Avery.

Men's Bible Class

WED | 9AM | ROOM 1

Join this weekly study taught by Dr. Erik Mays.

Growing Wiser Bible Study

WED | 10AM | ROOM 2

Senior adult study led by Rev. Dawn Bond.

Jesus and the Outcasts

WED | 4 & 6PM
LECTURE HALL

Pastor Pam will guide us through Jesus' encounters with those that the general population ignored.

Disciple Fast Track

THURS | 9AM
LECTURE HALL

A 12-week comprehensive look at the Old Testament. Led by Ralph Peterson and Rev. Josh McLamb.

JOY CLASS

SUN | 11AM | ROOM 1

A special ministry that serves our special-needs adults offering a place to grow in the love and knowledge of God.

CARING MINISTRY

Grief Share

WED | 6PM | ROOM 1

GriefShare is a grief recovery support group where you can connect with others who are living through the hurt of losing a loved one.

Card Ministry

Volunteers send cards to those who need comfort or sympathy.

Flower Delivery

MON | 10AM

Volunteers deliver flowers to the those recovering from illness or injury or needing a pick-me-up.

Memorial Receptions

Teams of volunteers host a light reception following a memorial service.

Prayer Shawls

WED | 10-11:00AM

Shawls are knitted with prayers in every stitch so the recipient is blanketed in prayer.

CHOIR & WORSHIP

Sing and Ring

MON | 2:30-4:30PM
MUSIC SUITE

Choir for 1st-5th grade

The Breeze Bells Rehearsal

MON | 5:45PM
SANCTUARY

Handbell choir.

The Silvertones Rehearsal

TUES | 10:30AM
MUSIC SUITE

Senior Adult Choir

Dulcimer Instrument Class

WED | 3:00PM
MUSIC SUITE

Group for all skill levels.

Choir Rehearsal

WED 6:00PM
MUSIC SUITE

Adult Choir

COMMUNITY GROUPS

Centering Prayer

WEDNESDAYS
1:30-4:30

Method of contemplative prayer that involves sitting in silence and using a sacred word to help focus on God.

COMMUNITY GROUPS

Qigong

MONDAYS | 9:30AM
RECEPTION HALL

Gentle mindful movement, centered on breathing.

Faithfully Fit

MONDAYS | 10:00AM
RECEPTION HALL

Class focused on core strengthening, stretching, and muscle retention.

Al-Anon

TUESDAYS | 10:00AM
ROOM 5

Group for those impacted by another person's alcoholism.

Overeaters Anonymous

TUESDAYS | 12:00PM
ROOM 3

Support for those recovering from compulsive eating and food behaviors.

Weight Watchers

TUESDAYS | 12:30
ROOM 1

The #1 doctor-recommended weight-loss program promoting healthy eating.

OUTREACH

Methodist Meals

MON-FRI

Drivers carry hot noon-time meals to the elderly and home-bound.

Bright Bridge Ministry

2ND TUES | 8:30-NOON

Volunteers prepare and serve food to the homeless.

Interfaith Ministries

Offers food, clothing and financial support for those in need in our community.

Good Samaritan Clinic

Provides limited health care to Santa Rosa County residents without health insurance.

Family Promise

Connects struggling families with local and government programs that can provide assistance, guidance and support with the goal of combating homelessness.

Embrace Florida Kids

A faith-based agency focused on providing homes, healing and hope to vulnerable children who come from families in crisis, placed in foster care at no fault of their own.

VOLUNTEER *Spotlight*

Michele Keese

MUSIC & HOSPITALITY



Michele Keese embodies the spirit of dedicated volunteerism at Gulf Breeze United Church, seamlessly blending her musical gifts with administrative support. Her captivating voice enriches worship services as she sings with both the Journey Worship Band and the Sanctuary Choir, uplifting the congregation with her talent and passion for the past 30 years!

Beyond the stage, Michele contributes her time and warm personality by volunteering regularly at the Front Desk. She's often the first friendly face visitors and members see, offering assistance, answering questions, and keeping things running smoothly. Michele's commitment to both the artistic and logistical sides of the church community highlights her generous heart. Her willingness to share her musical talent and her time makes a significant, positive impact on all who attend. She truly serves from the heart.

Michele recently retired from Obagi Medical products after 20 years as the Senior National Educator and medical consultant. She is married to Terry Burchett, a U.S. Army veteran, employed with Chevron USA for the last 18 years as a corporate pilot and Senior Aviation Advisor. They enjoy boating, live music, entertaining and traveling.

OVERFLOW

Stewardship 2025



PROMISE 2025

Please prayerfully consider your financial commitment to God's work through Gulf Breeze United Methodist Church in 2026.



WELCOME *New Members*

Dena Johnson
Twila Averill



SENIOR PASTOR
Rev. Dr. Erik Mays



SENIOR ASSOCIATE
PASTOR
Rev. Pam Avery

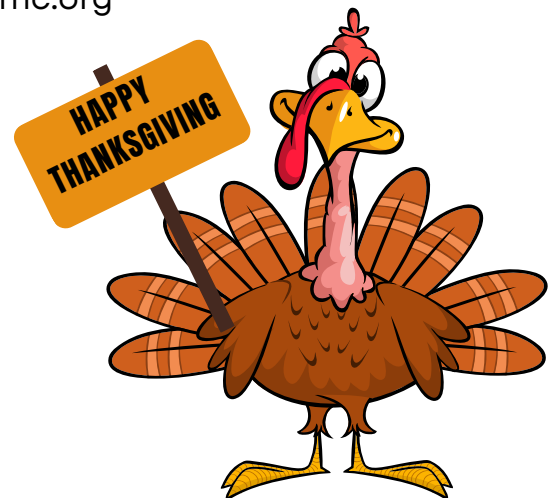


ASSOCIATE PASTOR
Rev. Josh McLamb

OUR TEAM

SARAH BENNETT	Book Place and Communications
MADELYN BOTT	Children's Ministry Assistant
JONATHAN CLARK	Contemporary Music Director
VIRGINIA CLARK	Director of Student Ministries and Communications Assistant
LISA CONWAY	Finance Assistant
CLARENCE FRONTZ	Maintenance Manager
BETTE HARRIMAN	Hospitality Director
TAMMY MACDONALD	Administrative Assistant
RHONDA MERRILL	Church Administrator
KAREN MIZE	Community Health Coordinator
JIM MURDY	Maintenance Assistant
JAHLEEEL ORDONEZ	Youth Ministry Assistant
DON SNOWDEN	Traditional Music Director
IAN WHITCOMB	Chef and Kitchen Manager

TO EMAIL A STAFF MEMBER ENTER FIRST INITIAL
AND LAST NAME @gbumc.org





REV. JOSH MCLAMB

JONATHAN CLARK

Sundays at 8:30 AM

PENSACOLA BEACH YACHT CLUB 655 PENSACOLA BEACH BLVD, 3RD FLOOR

HOW TO...

Give

Click [here](#) to give online.

Give in person or by mail:

75 Fairpoint Dr. Gulf Breeze, FL 32561.

Become A Member Click [here](#) to become a member.

Volunteer

Service in the church and community helps us grow closer to Christ and to one another. [GBUMC.org/volunteer](https://gbumc.org/volunteer)

Connect With Us



Visit [GBUMC.org](https://gbumc.org) for more information and to give.



75 Fairpoint Drive | Gulf Breeze, FL 32561 | 850-932-3594 | gbumc.org
Worship at the Water | 655 Pensacola Beach Blvd, 3rd Floor