

# HEALTH KITS NEEDED

Health kits provide basic necessities to those affected by natural disasters or human conflict. The kits also serve as learning tools in personal hygiene, literacy, nutrition and cooking classes.

**A health kit contains:** Place these items inside a sealed one-gallon plastic bag.

- 1 hand towel (15" x 25" up to 17" x 27", No kitchen towels)
- 1 washcloth
- 1 comb (large and sturdy, not pocket-sized)
- 1 nail file or fingernail clippers (no emery boards or toenail clippers)
- 1 bath-size bar of soap (3 oz. and up)
- 1 toothbrush (single brushes only in original wrapper, No child-size brushes)
- 6 adhesive plastic strip sterile bandages
- \$1.00 to purchase toothpaste (toothpaste purchased by Sager Brown)

## Important Kit Assembly Information

- All items included in kits must be NEW items.
- All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items-nothing more.
- Do NOT include any personal notes, money or additional materials in the kits. These things must be painstakingly removed and will delay the shipment.

## Processing & Shipping Costs:

Please enclose an envelope containing at least \$1 for each kit you send.

**PLEASE RETURN ALL ITEMS TO THE FAIRPOINT CAMPUS  
BY JANUARY 29TH**